

TRU CONNECTIONS

Education. Engagement. Support.

Programs and presentations to educate, support,
and empower our community.



GRIEF SUPPORT



Loss-Specific Grief Support Groups



Community & Facility Memorials



Anticipatory Grief



Grief in the Workplace



Coping with Loss During the Holidays



CLINICAL EDUCATION



Dementia Care



Symptom Management 101



The Dying Process: Guidance for Care and Support



Cultural Competence in Care



Boundaries in Caregiving



Clinical Skills in End-of-Life Care



Person-Centered Conversations in Aging and Illness



Wellness and Stress Management



CAREGIVER SUPPORT



Living with Dementia



Understanding Behaviors in Dementia



Living with Serious Illness



Managing Caregiver Stress



Intimacy and Illness



Comfort Touch



THE CONVERSATION PROJECT IN BOULDER COUNTY (TCPBC)



Advance Care Planning Overview



Medical Aid in Dying (MAiD) Overview



Solo Aging and Advance
Care Planning



Death over Dinner /
Death over Donuts



Health Care Decision-Making
and Dementia



Advance Care Planning:
Free 1:1 Coaching



TRU 101



Hospice & Palliative Care 101



PACE 101



Grief 101



HONORING VETERANS



Military Recognition Ceremony / Veteran Pinning



Veteran-to-Veteran Café



End-of-Life Veterans Education



Contact us for additional topics
tailored to meet your needs.



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FOR MORE
INFORMATION



CONNECTIONS

