

TRU PACE Expands Coverage in Denver Metro Area

In collaboration with the Centers for Medicare and Medicaid Services and the State of Colorado Department of Health Care Policy and Finance, TRU PACE (Program of All-Inclusive Care for the Elderly) has been approved to expand coverage in the Denver Metro Area, adding 25 zip codes to its territory. This expansion recognizes the growing needs of older adults for integrated, holistic care that a PACE program uniquely provides.

Since 2017, TRU PACE has served older adults in Boulder and southwest Weld Counties. TRU PACE is an innovative care model that enables independent living for individuals who are 55 years old or older and certified by the state to need nursing-home-level care.

TRU PACE will now serve all of Boulder and Broomfield Counties, much of Adams County (Westminster, Thornton, Northglenn, Federal Heights, Brighton), some of Jefferson County (Arvada), and much of Weld County (Erie, Dacono, Firestone, Fort Lupton, Mead, Platteville).

“Our growth and expansion into the Metro Denver area speaks to TRU PACE’s success in providing quality medical care and services for vulnerable elders so they can remain in their homes for as long as possible,” says Samantha Black, TRU PACE Executive Director.



TRU PACE helps participants and their families navigate the complicated issues associated with aging. In addition to being cared for by a 12-person interdisciplinary team that includes a primary care physician, nurse, rehab therapists, social worker, and dietitian; participants have access to dentistry, vision care, hearing care, home care, counseling, podiatry, and more.

TRU PACE, a member of the National PACE Association, coordinates and provides all needed preventive, primary, acute, and long-term care services so that older individuals can continue living safely in their community.

Save the Date

LONGMONT VETERANS DAY PARADE



Join us 11/11 at the Longmont Veteran's Day Parade!

Roosevelt Park, Longmont

Gather @ 10:30 am, Parade @ 11:11 am

50 spots available on our float. RSVP using this link:

<https://www.trucare.org/veteransday>

COLORADO GIVES DAY

December 5



ColoradoGivesDay.org

On December 5th, Colorado will come together to support local nonprofits - TRU among them. Please schedule your donation at trucare.org/cogives and watch for a message from our development team that we hope you will share with your networks.

Thank you!

Looking Toward the Future: TRU's Legacy Circle

TRU Community Care as we know it today stands tall on the shoulders of nearly 50 years of dedicated leadership, volunteers, and donors. They leave a lasting legacy for our community.

In September, we brought together members of our Legacy Circle (those who have made provisions for TRU in their will) for our first post-COVID stewardship event. We hosted the event at our Landmark Memory Care campus, giving attendees an opportunity to dream with us as we look to our future. There were over 30 in attendance, including founders, authors, nationally recognized ethical leaders, former and current board members, TRU leadership, and donors.



This event featured Legacy Circle member, Constance Holden, who beautifully shared why she has chosen to provide for TRU in her estate plans. Constance, a current volunteer at the TRU Hospice Care Center, our hospice inpatient unit in Longmont, was also TRU's executive director from 1994-2000. In her words, "We are in the business of making memories for the family members - memories that they carry with them and that they will pass on to the children and grandchildren of the patient. THAT is the true meaning of a legacy, and that is why I want to ensure that TRU Community Care is there when I need it and for the next 50 years."



As Colorado's first hospice, our past is foundational, and our future is as bright as it's ever been. The best is yet to come.

Above: Constance Holden, TRU Legacy Circle Member

Left: Dave Samson, TRU Director of Fund Development

TRU Cares Luncheon Celebrates Community Partnerships

Our sixth annual TRU Cares Fundraising Luncheon, presented this year by Home Instead, took place on October 19th, and we'd like to thank all who were able to attend, especially the sponsors and donors who made the event possible.

This year's Luncheon centered thematically around community and TRU's community partnerships. TRU President and CEO Scott Gresser spoke about two such partnerships: TRU's partnerships with Rocky Mountain Refuge and with VCP Village - Longmont, whose work is focused on providing care to the unhoused and to veterans, respectively.

Please visit trucare.org/communitypartnerships for a five-minute video about these organizations and the extraordinary work they are doing.

Thank you again to our sponsors, donors, founders, board members, volunteers, staff, advisory council members, patients, participants, and families. We are grateful to be on this journey with each and every one of you.

Presenting Sponsor:



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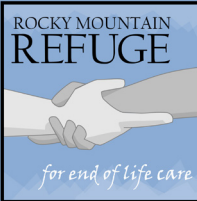
TRU Honors Rocky Mountain Refuge Veteran Client

Rocky Mountain Refuge is a specialized shelter where people experiencing homelessness or housing insecurity can be cared for at the end of their lives. They provide the basics for such individuals – shelter, food, comfort – while partner hospices such as TRU provide end-of-life care.

“The idea of someone dying alone under a bridge, on hard ground, with no one there, in unmanaged pain is horrific. Each individual needs to be in a place that has the dignity that a human being deserves,” said Brother “JP” Hall, Executive Director of Rocky Mountain Refuge.

One client, Daniel, came to Rocky Mountain having suffered tremendous hardship. A Vietnam veteran, Daniel lost his family in a car accident upon returning home and eventually landed on the streets. This year, Rocky Mountain Refuge and TRU partnered in Daniel’s care, and he has since stepped down to another facility, their only client who has walked out of Rocky Mountain Refuge after having gotten healthier.

This summer, Daniel TRU, an NHPKO-designated Level 5 “We Honor Veterans” hospice, honored Daniel for his




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<https://rockymountainrefuge.org/>
Rocky Mountain Refuge is a 501(c)(3) charity

service in a veteran pinning ceremony. The ceremony was facilitated by fellow veteran and TRU volunteer, Larry Sturgeon, who presented Daniel with a framed certificate in his honor, a Vietnam bead set, a flag pin, and a star cut from an American flag.

“A couple days after the ceremony,” said JP, “Daniel made me promise to make sure that star was in his pocket so that when he went to the cremation facility, he would be cremated with it. That’s how much that meant to him.”

The Conversation Project in Boulder County Turns 10!

The Conversation Project (TCP) was founded in 2012 by Pulitzer Prize-winning journalist Ellen Goodman. She had just finished caring for her mother with whom she was very close but had never spoken about end-of-life wishes. When the end came, Ellen had to make her best guesses about what her mother would want. This experience prompted Ellen to found The Conversation Project to help normalize conversations about end-of-life wishes.



The Conversation Project in Boulder County (TCPBC) was created in 2013 to provide advance care planning education to our community. TCPBC came to TRU in 2019 and is now one of the services we offer to patients as well as to the public.

Visit theconversationprojectinboulder.org to learn more.

Above: TCPBC founders: Stephanie Rudy, Kim Mooney, Barbara Beasley, Jean Abbott, Constance Holden, Lee Carlin

Left: TCPBC Advisory Board members: Stephanie Rudy, Beau Rezendes, Jean Abbott, Kim Mooney, Bruce Blankenship (chair), Constance Holden, Geoff Galbraith (not pictured here)

Please consider supporting our work with a tax-deductible donation to TRU today.
For your convenience, a donor reply device is enclosed.
You can also donate online at TRUcare.org/trutalk.

Why Support TRU?

TRU Community Care relies on support from friends like you to help us:

- Provide the best possible care to anyone who needs us, regardless of an inability to pay
- Offer extensive grief counseling and group support to anyone who has lost a loved one
- Keep the TRU Hospice Care Center open for patients in need of short-term intensive care
- Grow new programs and meet community needs.

In the words of a thankful family member,

"We would like to thank you for the care you provided our father. From palliative to hospice care, your staff were always kind and readily available. His care team was a great source of comfort throughout all the transitions he experienced during his last months. TRU provides so many different services for patients as well as their families. Thank you for being such a wonderful resource and so caring."

Donate online at TRUcare.org/trutalk or text TRUTalk to 41444.

