

TRU Turns Out to Build Tiny Homes for Veterans



Thank you to the 25 people who showed up at the VCP (Veteran Community Project) Village tiny home construction site in Longmont on a cold and snowy, January 21st. It was a joy to work and shiver alongside fellow TRU employees (and significant others) as we cleared snow, mulched the construction site, hammered in installation, and built firewalls. A lot of conversation, laughter and “ooh, I may feel that” statements were heard as we worked together.

As a Level 5 We Honor Veterans partner with NHCPO, TRU is not only committed to offering Veteran-specific care to our patients, but we are also committed to supporting the needs of Veterans in our community. The VCP Village is a development that will feature 26 tiny homes built around a community center to transition homeless veterans into permanent housing.

If you are interested in participating in a future build or supporting this project in another way, please reach out to beckiparr@trucare.org.



Equine Grief Workshop for Adults

If you have experienced the death of a loved one and are looking to take the next step in your healing journey, join us in this unique offering. Horses are non-judgmental beings who model and invite humans to become present and honest with our feelings, emotions, and thoughts.

No prior horse experience is needed. We will engage with the horses safely on the ground.

The workshop costs \$100 and runs from 10 a.m. to 4 p.m. on May 6, June 10, or July 15.

Presented in partnership with Heartlight Center. Call (303) 604-5300 to register.



Did YOU know that TRU Thrift Shop...

**HAS SERVED
BOULDER-AREA
RESIDENTS SINCE
2005**

**IS RUN
BY 5 STAFF &
135 VOLUNTEERS
WHO DONATE
17,000 HRS/
YEAR**

**HAS
CONTRIBUTED
\$4.5 MILLION
IN SUPPORT OF
TRU**

SUPPORTS DOZENS OF OTHER LOCAL NONPROFITS WITH ITEMS UNIQUE TO THEIR NEEDS

OPERATES AT A 50% NET PROFIT MARGIN - NEARLY UNHEARD OF IN RETAIL

STRIVES FOR ZERO WASTE THROUGH CAREFUL SORTING AND RECYCLING

IS ONE OF ONLY A FEW AREA THRIFT SHOPS OFFERING DONATION PICK-UPS

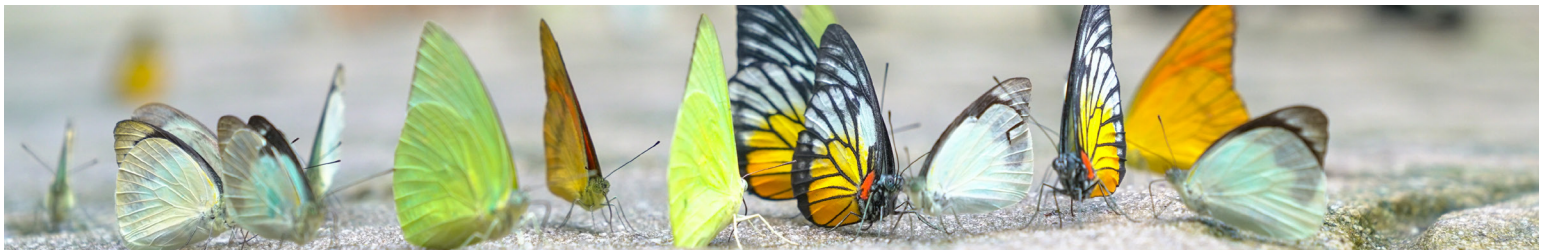
Want to support TRU Community Care by way of TRU Thrift Shop?

Donate your new and gently used items deemed salable by thrift shop staff.

Volunteer your time and talents at the shop - so many departments, so much to do!

Let your friends know that supporting TRU Thrift helps to support those who depend on TRU Community Care.

Save the Date



Take Flight Memorial and Butterfly Release

Saturday, June 24, 2023 at 9 a.m.
Whitetail Park, 2550 Autumn Ridge Blvd.
Lafayette, CO

Equine Grief Workshop for Adults

May 6th, June 10th, or July 15th
from 10 am to 4 pm
Lyons, CO

TRU Cares Fundraising Luncheon

Thursday, October 19, 2023
Location TBA

Holiday Wreath Sale

Wreath sales will open again in October.
Details to come.

For sponsorship opportunities or to learn more, visit [TRUcares.org/events](https://trucares.org/events)
or contact Dave Samson at (303) 949-8986.

Kelly Rogers and Frank Bruno Join TRU's Board

TRU Community Care welcomes Kelly Rogers and Frank Bruno to TRU's Governing Board, each serving the first of three two-year terms.

Rogers, originally from Wichita, Kansas, moved to the Navajo Nation after graduating with a bachelor's degree in Business from Miami University of Ohio. She ran a mobile healthcare program, fueling her interest in health administration and Native American art and culture. Rogers moved to Boulder in 1983 with husband Gregg, a retired periodontist. Their Navajo kitty completes their family, "and rules it," says Kelly.

Kelly's number one passion is hiking; she also enjoys music, cooking and fly fishing.



Regarding her desire to serve on TRU's Board of Directors, Kelly shares that she has a deep, heartfelt appreciation for TRU. "At the end of my dad's journey with Alzheimer's disease," Kelly shared, "my family experienced the gift of hospice support. As a past board chair for the Colorado Alzheimer's

Association, I applaud the memory care services TRU provides in our community." Kelly also shared that several of her friends have benefited from TRU's grief support services.

Frank Bruno was born and raised in New York City. Frank attributes his appreciation and affinity for public service to his father, a post-World War II GI who worked for the city.

As a teen, Frank worked in the kitchen at a local hospital and had numerous interactions with patients. He inferred that it was easy to make friends with some of the people, including children and seniors, who sadly had long-term hospital stays. Frank noticed how important a conversation was to someone who spent their days confined to a hospital room or hallway.

Frank earned his undergraduate degree at St. John's University in Queens and went to work at the Brooklyn Navy Yard Development Corporation on the conversion of the facility from a military to a business base for the region. He earned his master's degree while working at the Navy Yard.

Frank and his wife Shelly moved to Boulder in 2003 when he became Boulder's 18th city manager. They have two boys and four dogs.

When he is not at work as CEO of Via Mobility Services, Frank enjoys spending time with family. He loves to read and write stories of his own, "and occasionally," Frank says, "I like to believe I am learning to play the guitar."

"It was through my mom's illness that my family first learned about TRU, and we saw that the staff became a part of our family for what was a short but intense time. I appreciate being able to give back to TRU," he said.



2023 Board of Directors

Deborah Kelly | Chair
Kyle Brown | Vice Chair
David Thrower | Secretary
Jim Topping | Treasurer
Michael (Mike) Lammers | Past Chair

Frank Bruno
Teresa Cole
Kitty deKieffer
Scott Gresser
Constance Holden
Timothy Johnson
Chad Kohlmeier
Dr. Antony Pearson
Claire Riley
Kelly Rogers
Porter Storey
Hilary Wallace

Please consider supporting our work with a tax-deductible donation to TRU today.
For your convenience, a donor reply device is enclosed.
You can also donate online at TRUcare.org/trutalk.

Why Support TRU?

TRU Community Care relies on support from friends like you to help us:

- Provide the best possible care to anyone who needs us, regardless of an inability to pay
- Offer extensive grief counseling and group support to anyone who has lost a loved one
- Keep the TRU Hospice Care Center open for patients in need of short-term intensive care
- Grow new programs and meet community needs.

In the words of a thankful family member,

"Thank you for the skilled care and kindness you provided for my dad and for gifting us with the ability to make him comfortable. The entire TRU team went above and beyond to manage his symptoms. This enabled the family to concentrate on spending time with him during his final days. This would not have been possible without TRU."

Donate online any time at TRUcare.org/trutalk or text TRUTalk to 41444.



Scan code with
your phone to
donate.