



Equine Grief Workshop

With Jackie Hibbard

If you have experienced the death of a loved one and are looking to take the next step in your healing journey, join us in this unique offering. Horses are non-judgmental beings who model and invite humans to become present and honest with our feelings, emotions, and thoughts. They are excellent communicators and listeners who respond to what they receive from us, making them great mirrors for our learning, growth, and healing.

*No prior horse experience is needed. We will engage with the horses safely on the ground.

- Get outside in nature and unplug from the electronics and distractions
- Plug into the rhythm, sights, sounds, and smells of horses and the natural world so that you slow down, reflect and notice what is happening inside.
- Be in a safe space to not be okay or happy and allow horses to be present to you as you are ... sad, grieving, a mess, mad, confused, lost ...
- Meet others experiencing grief and loss and know you are not alone

THE DETAILS:

JULY 16TH & AUGUST 13TH

FULL DAY WORKSHOP
10 AM-4 PM

Scan to



Register

Address:

876 Stagecoach Trail
Lyons, CO 80540



Affirming life at every step of your journey with illness and loss.