

Healing with Horses Grief Group



Support for Kids and Teens Coping With a Death Loss

This 8-week group is for kids and teens ages 6 -18. We combine equine-assisted activities with peer support to share stories, memories and have fun.

We learn various ways to care for horses and to develop skills in a safe environment. We talk about grief, ways to remember your special person, and how to take care of yourself through your grief journey.

The final session is family-centered. Family members can meet the horses and participate with kids and teens in a remembrance ceremony.

Day: Tuesdays
Time: 5:30 - 7:00 pm
Location: Boulder
Cost: \$100 per child
(scholarships available)

Registration Required:

To register, or for additional information, please call TRU Community Care Grief Services at 303-604-5330



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