

Welcome Our New President & CEO

Michael McHale hails from Chicago

TRU Community Care welcomes Michael McHale as its new President and Chief Executive Officer. His leadership of TRU Community Care, TRU Hospice of Northern Colorado, and TRU PACE (Program of All-inclusive Care for the Elderly) began on September 11, 2017. Michael joins the organization after serving as the President and CEO at Rainbow Hospice and Palliative Care in Mt. Prospect, Illinois.

McHale has dedicated his professional career to health care with more than 18 years of management, marketing and customer service experience within the hospice and long-term care industry. He has held various leadership positions with hospices in California, Michigan and Maryland prior to joining Rainbow Hospice and Palliative Care which serves the greater Chicagoland area. Michael holds a Masters of Health Care Administration from National University in San Diego. As a board member of the National Hospice and Palliative Care Organization (NHPCO) in Washington, DC, he is committed to improving quality of care, regula-



Michael McHale, President & CEO, speaks with Bob, a TRU PACE participant.

palliative medicine and PACE.


This new chief steps in at a critical time in our organization's history.

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Adding Life to Days

"We wanted to thank you for everything you all did for Mom over the last four to five months. You were all a huge part of her special send off, and we couldn't have done it without you. The world is blessed to have you caring for it." ~ Mary

"It's difficult to find the words to express our gratitude for seeing the three of us through Mom's last days. You were always there for us with guidance and patience."
~ Alonda & Steve



**View our 2016 Annual
Report online.
At TRU, we're with you
on the journey.**

Read it now at trucare.org/ar2016

Tell us how you
TRUly feel

80 people

who give to TRU Community Care & TRU Hospice of Northern Colorado

participated in our

7 question
survey

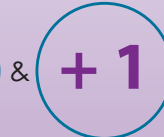
all about



trust

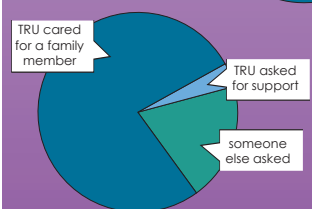
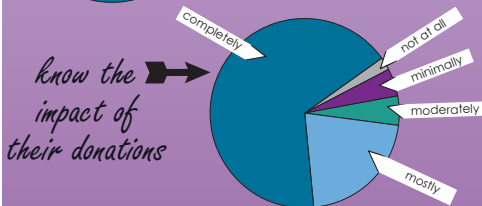
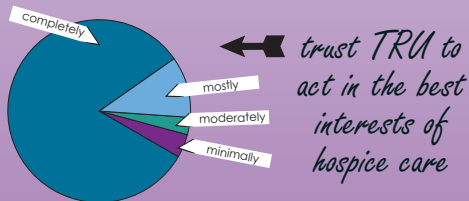


communication



connection

Most respondents...



started donating because TRU
cared for a family member

Now we want to hear from you!

go to
trucare.org/donorsurvey

We're
listening!

PACE Program Reinvigorating Life

When Roger first enrolled in the new TRU PACE program in Lafayette, he was quiet and withdrawn. But little by little, his life began to improve. TRU's Program of All-Inclusive Care for the Elderly provides seniors in the community with the resources they need to live their best lives.

When Roger's wife Vernelle saw the changes in her husband, she was inspired to enroll in the program herself. Now they both come to the PACE Day Center several times per week where they receive primary health care, nutritious meals, recreational and physical therapy and social interaction.

These wrap-around services allow Roger and Vernelle to keep their independence and remain living in the community they love. Roger's outlook on life has improved; he's more positive and looks forward to coming to PACE each day. The couple is enjoying the new friendships they've made and a loving, caring environment that stimulates their minds and encourages lifelong growth and happiness.

Vernelle says "Seeing the team working together to care for the people who come here is really meaningful. It warms my heart to see how happy Roger is." Now, the couple enjoys quality time together while getting the support they need.



Much of the burden of caring for Roger has been lifted from Vernelle thanks to the PACE program. She goes on to say, "I'm thankful for the employees who have come to our home to help us through a rough spot. We've learned new things and are appreciative of the care we're receiving."

TRU PACE serves seniors 55 and older in Boulder and southwest Weld counties who would otherwise need nursing-home-level care. Participants enrolled in the program receive primary health care, nutritious meals, recreational and physical therapy and in-home services. PACE participants can remain in the communities they love and maintain their independence thanks to this program. For more information please visit pace.trucare.org or call 303.665.0115.

TRU PACE provides the care, Via gets you there.

In early 2017, nonprofits TRU Community Care and Via Mobility Services launched a partnership to provide transportation to individuals using TRU's Program of All-Inclusive Care for the Elderly (PACE), giving our community members the opportunity to age in place.

Via's wheelchair accessible, door-through-door paratransit fleet provides transportation to and from the TRU PACE facility in Lafayette where adults 55+, who would otherwise need nursing-home-level care, receive the health care services and support they need.



With 41 years of experience in the delivery of care for those impacted by advanced illness, TRU is continuing to grow its programs and services, having launched TRU PACE in March 2017.

Patricia Mehnert, Vice President of Quality and Compliance and 26-year veteran of the organization served 13 months as interim CEO, bringing balance and stability to the organization during her tenure. A comment from TRU's "suggestion box" thanked Mehnert for her weekly emails, "Pat's emails are a way of bringing staff together to recognize our hard work. I look forward to that email every Friday."

Mr. McHale, who has cooperated with reporters seeking his viewpoints prior to his arrival adds, "TRU has an outstanding reputation of being a leader in caring for those living with advanced illness. It is an honor for me to join this organization to continue to build on this reputation and find new ways to care for our community."



EVENTS

SAVE THE DATE!

Sunday, November 12th, 4:00 - 7:00 p.m.

November is National Hospice Month.

Join TRU Community Care for a film screening in the Boedecker Theater at the Dairy Center for the Arts in Boulder.

We'll present a feature film followed by a panel discussion.

Free and open to the public (\$10 suggested donation)

Space is limited.

JUST PEACHY

We sold nearly 500 boxes of Palisade peaches this year at our fundraiser in Greeley, bringing in a grand total of \$23,740!

Thank you to our sponsors – Ewing Leavitt, 50+ Marketplace

News, MCP Trucking, RCC Medical Supply and The Wrench

– and our northern Colorado community for your generous support.

TRU COLORS ART SALE

Thank you to Mary Williams Fine Arts in Boulder for hosting our TRU Colors Art Sale in June. We sold some gorgeous pieces of art resulting in \$3,977 for hospice care for those who

otherwise can't afford to pay. The sale isn't over! Head over to

bit.ly/TRUthrift to view and bid on additional items.

TREE OF MEMORIES

Thursday, December 7, 6:30 - 8:30 p.m.

TRU Hospice of Northern Colorado administrative office

More information coming soon, plus the ornament selection!

BECOME A TRU BELIEVER

Did you know every TRU Hospice patient is matched with a team of caregivers that coordinates every facet of their care, ensuring they are able to live as comfortably, confidently and fully as possible? Doctors, nurses, chaplains, social workers, volunteer coordinators and nursing assistants work closely together to give the best care possible to our patients, because it's our dream that everyone gets this kind of thoughtful, comprehensive care.

That's why we want to ask you to join our team today and make a commitment to give to TRU monthly with your credit or debit card. TRU nurses, doctors and caregivers are in the community every day of the year providing the best possible care. Your belief in TRU's priceless mission, and your sustaining monthly gift, will help keep them out there doing what they do best: helping people and families at the most difficult times of their lives.

When TRU can count on your consistent, predictable support throughout the year, we can plan better for the future, ensuring that our unparalleled care is always here for the people who need it. And when you become a TRU Believer monthly donor, you have a convenient and easy way to make a really big impact, one small gift at a time.

When you become a TRU Believer, we'll charge your card once a month, and we'll send you just one acknowledgment letter a year. We'll keep you up to date with all the good your gifts are doing in our community (as often or as seldom as you'd like), and we'll make sure you know just how much we value your steadfast support. When you want to change your donation amount, that's easily done with just a phone call or email to our office. It couldn't be easier.

Won't you join the TRU Believers today with a monthly gift and let your giving do even more?

For more information contact Annette Mainland at 303.604.5261. Your gift will remain in the community where it originates.



COMMUNITYCARE

Hospice | Supportive Services | PACE

Trusted
Responsive
Unparalleled

a nonprofit organization

founded as Boulder County Hospice in 1976

2594 Trailridge Dr E | Lafayette, CO 80026



HOSPICE OF NORTHERN COLORADO

Trusted
Responsive
Unparalleled

a nonprofit organization

founded as Hospice, Inc. of Weld County in 1978

2726 W 11th St Rd | Greeley, CO 80634

Questions? Call us at 303.604.5389
or email info@trucare.org.

To view newsletter online or sign up
to receive by email go to trucare.org.



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FOR THE LOVE OF VOLUNTEERING

I came to pay a debt and ended up staying on because I found so much amazing life in a place that was so close to death. This journey has allowed me to meet people that I would have never met normally.

Instead of meeting dying people and their grieving families, I have met painters, poets, hot rod builders, writers, clerics and people who lived the history I read about in my favorite books.

I expected to find grief in everyone, but with the spouses, children, friends and family I found an overwhelming amount of love. I am not – by any stretch of imagination – a Hallmark kind of sensitive guy.

But there is a universal touch that everyone has seen and felt. The gentle touch of a mother brushing back a child's hair from a hot forehead and touching the back of her hand to his head.

The three-finger touch of a spouse or lover on the cheek or chin of a loved one while they slept. The two-handed arm rub of a long-time friend. You see this a lot in hospice, and none of it looks like grief. It looks and feels like love.



TRU volunteer
Mike Arellano