



formerly HospiceCare of Boulder & Broomfield Counties

COMMUNITYCARE

Hospice | Supportive Services



## April 16, 2015 – National Advance Directives Day

We are often unaware of the multitude of decisions that may come into play if we are suddenly stricken by an accident or illness. Having documents and understandings in place that help our loved ones support our choices is critical, both legally and personally.

### Advance Directives...

- Allow you to retain control over what happens to you
- Empower your loved ones with clear directions
- Help medical personnel understand what you want
- Support your loved ones in being able to focus on what is most important.

#### Education Topics Include:

- ❖ Supporting a family in crisis
- ❖ Culturally competent care
- ❖ Self-care
- ❖ Medication Management
- ❖ TRU Palliative Care
- ❖ Managing pain at end of life
- ❖ Hydration and nutrition for the terminally ill
- ❖ Hospice 101
- ❖ Geriatrics: what makes them unique?
- ❖ TRU Bereavement/Grief support
- ❖ Defining quality of life

2594 Trailridge Drive East • Lafayette, CO 80026  
303-449-7740 • [www.trucare.org](http://www.trucare.org)