

TRU Community Care offers a hospice program designed to meet the specialized needs of those with end-stage cardiac disease. One of only a few available nationwide, our TRU Hospice Cardiac Program can help people with maximally treated heart disease improve their quality of life while reducing hospital stays and emergency room visits.

When heart patients are no longer candidates for further surgical procedures, TRU's Cardiac Program enables them and their family to manage the symptoms of their disease in the comfort of their own home.

## The goals of the program are to:

- Improve quality of life for those with heart disease and their families
- Increase people's ability to cope with their illness
- Boost family caregiver confidence and education
- Minimize episodes of crisis and fear
- Reduce hospital days and emergency room visits
- Assist those with heart disease in accomplishing goals

## TRU meets these goals through:

- Regularly scheduled home visits by a hospice care team (including an RN, LPN, CNA, social worker, chaplain and volunteers) with specialized training in cardiac evaluation and aggressive symptom management
- A cardiac-specific medication kit for the home
- Specialized protocols and treatment pathways designed for end-stage cardiac disease
- Around-the-clock availability of TRU Hospice staff
- · Comprehensive patient education materials specifically designed for end-stage cardiac patients
- The ability to provide Dobutamine therapy when such therapy is included in the hospice plan of care
- Program oversight by TRU physicians

