



Trusted
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COMMUNITYCARE

Hospice | Supportive Services | PACE

a nonprofit organization

founded as Boulder County Hospice in 1976

Healing Circles—Teen Grief Group 2017



Teens talking to other teens about coping with grief

For

Teenagers 13 and older

What

A peer support group for teens who have experienced a death loss. It's a casual way to talk about how things are now, hang out, create art, do yoga, play games and listen to music. All activities are optional, so don't stress.

Why

Sometimes you want to talk, and sometimes you don't—and that's okay. Meet other teens who have had the same thing happen to them. The group is free, and you can explore different things like making memorials for your special person, poetry and creative writing, mask making and more.

When: 2nd & 4th Thursday of each month from 5:30 – 7:00 pm

Location: TRU Community Care Grief Services
2593 Park Lane
Lafayette, CO 80026

Register: Contact Kate Dalla Betta
TRU Community Care
katedallabetta@trucare.org
303.604.5330

Pre-registration is required.