

TRU Triumphs 2016

Throughout 2016, TRU Community Care continued to serve our communities with compassionate care. We have worked to embody our tagline, "What TRUly Matters," providing excellent medical care, emotional, and spiritual support. As we look back on our accomplishments in 2016, we honor and celebrate the lives of the many patients and families we served.

DURING 2016

We served **1,097** patients who were living with a terminal illness or with an advanced disease, offering our expert medical, emotional, and spiritual care to them and their families.

- **923** received hospice only
- **230** received palliative home health services with social work counseling
- **417** stayed at the TRU Hospice Care Center at some point during their treatment

105 individuals received a physician consult for guidance, goal setting, and symptom management

59% of patients received care for 30 days or fewer – many families told us they wish they had contacted us sooner in the disease trajectory

1,454 TRU Hospice family members received up to 13 months of individual or family grief counseling

1,241 adults participated in TRU Hospice support groups

213 children and teens participated in Healing Circles groups

We provided **\$35,681** in indigent services for patients who sought our help but lacked the means to pay

IN THE COMMUNITY

In 2016, **445** volunteers dedicated 23,422 hours (equal to 11 full-time positions) to care for patients and their families, walk alongside those who were grieving, assist with administrative tasks, and staff the TRU Hospice Thrift Shop.

During 2016, 50% of patients were touched by volunteers. Some of the unique services provided by volunteers included 187 hours of our Pet Companion services, 138 hours of Veteran-to-Veteran companionship, and 520 hours of Comfort Touch, a specially developed acupressure therapy that serves as a massage alternative for elderly patients. Volunteers have been particularly invaluable to the success of our TRU Hospice Thrift Shop, where 146 volunteers logged 13,453 hours during 2,328 shifts in 2016. Of those, 49 were new volunteers. These efforts contributed to generating funds to support our hospice services.

NEW IN 2016

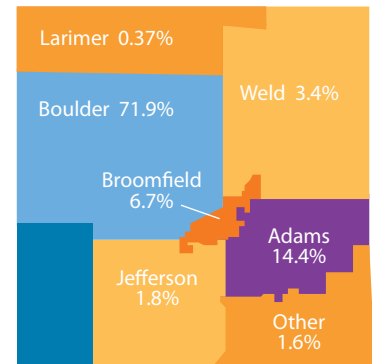
TRU PACE Center & Grief Services - Our new 22,582 square-foot site in Lafayette is now open and houses our new Program of All-inclusive Care for the Elderly (PACE) and TRU Hospice Grief Services. PACE opened on March 1, 2017. Thanks to help from the Paige Foundation, program start-up costs were funded through a low-cost loan. We continued our capital campaign to raise \$6 million for the building, and by the end of 2016, we were 78% (\$4.68M) toward that goal.

Community Accolades - TRU Hospice Thrift Shop was recognized as Best Recycled Goods/Thrift Store by the Daily Camera in the People's Choice Awards, earning the store a Boulder County Gold First Place award.

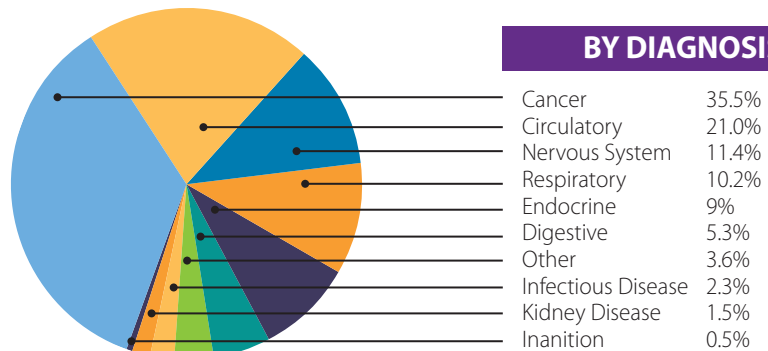
Boulder County awarded a \$300,000 Worthy Cause grant to TRU. The grant to support capital construction was designated to our TRU PACE/Grief Services Center.

Four Decades of Service - TRU celebrated its 40th anniversary in 2016. Originally founded as Boulder County Hospice in 1976, we've provided Trusted, Responsive, and Unparalleled care to our community as the first hospice in Colorado. We thank you for supporting our nonprofit organization for all of these years.

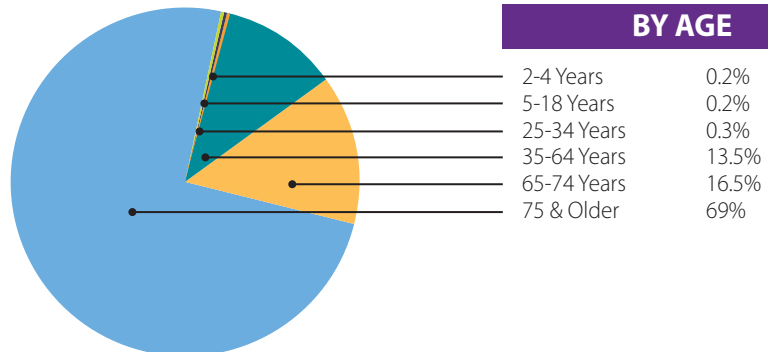
BY COUNTY



BY DIAGNOSIS



BY AGE



COMMUNITYCARE

Hospice | Supportive Services | PACE

a nonprofit organization

founded as Boulder County Hospice in 1976

For more information contact Annette Mainland,
303.604.5261 annetmainland@trucaare.org