



a nonprofit organization

COMMUNITYCARE

Hospice | Supportive Services | PACE

founded as Boulder County Hospice in 1976



Healing with Horses



Participants should dress appropriately for weather. For safety reasons, participants must wear long pants and closed-toed shoes. Colorado Therapeutic Riding Center will provide safety helmets. Please note that CTRC adheres to a 200-pound weight limit for horseback riding.

Welcome!

This powerful experience combines equine-assisted activities with grief support for kids and teens ages 6 to 18 and provides a nurturing environment for expressing feelings, learning about grief and coping strategies, and exploring the healing process with peers who are also grieving a death loss.

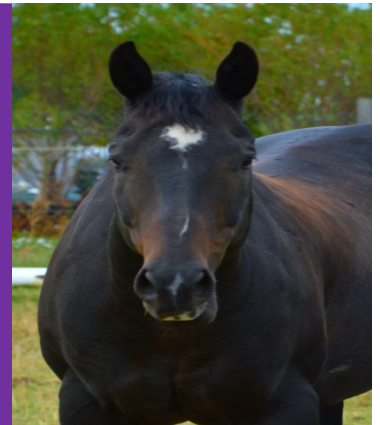
Through Healing with Horses, grieving kids and teens:

- Develop or improve equine skills
- Work together in a safe and supportive setting, gaining trust in themselves and each other
- Learn to control a horse, affording them opportunities to feel a genuine sense of accomplishment, greater confidence, and inner strength
- Share stories and memories, have fun, and release physical and emotional energy
- Become aware of the many aspects of the grieving process, and discover what will help and support them

When: Tuesdays 5:30-7:00 pm
June 6 – June 27, 2017

Location: Colorado Therapeutic Riding Center
11968 Mineral Rd.
Longmont, CO 80504

Register: Contact Kate Dalla Betta
TRU Community Care
303.604.5330



Weather/Cancellation Policy

If the weather is inclement and driving conditions are unsafe we will cancel the evening session and call you no later than 3pm that day. If the weather is poor near you, *please do not assume we have canceled the session*. If you are in doubt and have not heard from us, please call **303.604.5330**.

Family Night

The final session will be family-centered, and family members are welcome to take photographs. Kids and teens will ride, followed by a candle remembrance ceremony.