

## Healing Circles: Emergency Information

Name:	Date of Birth
Emergency Contact Person (someone other than you)	Emergency Contact Phone#:
Relationship:	

# Do you take medication or have any medical conditions that we should know about? If so, please list:

Name :	Medical condition:	Medication :
Name :	Medical condition:	Medication :

#### Do you have any allergies that we should know about? If so, please list:

Name:		Allergy:		Medication :	
Name:		Allergy:		Medication	
Your Sc	Your School and Grade:				
Your Therapis	Your Therapist/Counselor:				

Please indicate any changes in your child/teen's behavior since the death by placing a checkmark by any behaviors that apply.

### Emotional

#### **Please Describe**

Emotional	Please Describe
Depression (sadness, crying spells, listlessness)	
Irritability (anger, impatience)	
Feelings of self-blame and/or guilt	
Death anxiety (about death of self or others)	
Nervousness	
Emergence of phobias	
Denial of loss	
Difficulty talking about the deceased	
Self-destructive thoughts and/or behaviors	
Physical	



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Physical symptoms (headaches, stomach pains,			
etc.)			
Loss of appetite			
Eating too much			
Sleep disturbances (nightmares, insomnia,			
difficulty falling asleep or staying asleep)			
Use of medications			
Onset of stuttering			
Frequency of accidents			
Social			
Increased dependency			
Social withdrawal			
School/academic difficulties			
Acting out behavior (deliberately misbehaving)			
Aggressive thoughts and/or behaviors			
I have an idea of what to expect from <b>my</b> grief process: (ci	rcle one)		
No idea 1 2 3 4 5 Very good idea			
I have an idea of what to expect from my child's or teen's	grief process:		
No idea 1 2 3 4 5 Very good idea			
I have tools for coping with <b>my</b> grief:			
No tools 1 2 3 4 5 Many tools			
I have tools for supporting <b>my child/teen</b> in coping with grief:			
No tools 1 2 3 4 5 Ma	any tools		