

## Healing Circles Coping with the Holidays 2015



### Kids & Teens Coping with a death loss through Art

Grief affects everyone differently. You are not alone. Grief is similar to working with glass, lots of changes, different reactions to situations and you have to take it one step at a time.

We talk about grief and remember special people who have died, be around others that are going through the same thing and get support to cope while working together to work with glass as a medium to express yourself.

There is no cost for the program and anyone between the ages of 9-18 can apply. Pre-registration is required.

Dates: December 20<sup>th</sup> or 27<sup>th</sup>

Time: 9:30-12:00

Locations: C and H Glassworks Lakewood

Contact: michondavies@trucare.org  
303.604.5330



*formerly HospiceCare of Boulder & Broomfield Counties*

**COMMUNITYCARE**

Hospice | Palliative Services